

LUCY KAGEHA KAVINGUHA

P.O. Box 17525-00500, Nairobi. Email: lucykageha@yahoo.com

CAREER PROFILE

A Registered Nurse and health practitioner with over 5 years of work experiences in medical administration, pedagogical, patient examination, emergency delivery, hospital/personnel management, and coordination areas capable of leading teams and making informed decisions.

PERSONAL ATTRIBUTES

Resilient, confident, patient, flexible and fast learner, innovative, creative, self-motivated and team playing character with high ethical and integrity standards in readiness for new skills and exposures.

SKILLS AND COMPETENCIES

- Good medical examination, preventative care, maternal care, surgical skills.
- Effective hospital administration, customer care, liaison and planning skills.
- Good communication, negotiation, interpersonal and organizational skills.
- Effective resource mobilization, community awareness, record/data management skills.
- Effective training, assessment, coordination, technology skills-Ms Office & Medical suites.

EDUCATION BACKGROUND

- PhD in Nursing, Masinde Muliro University of Science and Technology, 2018 to date
- Master of Science in Nursing (Medical-Surgical Nursing), Masinde Muliro University of Science and Technology, 2014-2018.
- Bachelor of Science in Nursing, University of Nairobi, 2006-2010.
- Kenya Certificate of Secondary Education, Kaimosi Girls High School, 2001-2004.
- Kenya Certificate of Primary Education, Ainsworth Primary School, 1993-2000.

Value Adding Training

- Faculty TOT in HIV-Clinical Instructors & Faculty teaching HIV, March 2019
- Gender guidelines harmonization & validation, June 2018
- Faculty Development on Instruction and Clinical Assessment, September 2014
- Focused Ante Natal Care, February 2012.
- Prevention of Mother to Child Transmission of HIV/AIDS, July 2011.
- Palliative Care Course, Kenya Hospices and Palliative Care Association, (September-October) 2010.
- Certificate in Computer Applications, Multiface Computer College, 2005.

WORK EXPERIENCE AND ACHIEVEMENTS

Tutorial Fellow Masinde Muliro University of Science and Technology April 2020 to date

Roles

- Teach and supervise students
- Participate in curriculum review
- Coordinate practicum

- Develop and carry out research studies
- Form and manage partnerships for advancing Emergency Medical Services/ Paramedical services
- Participate in resource mobilization to ensure sustainability of courses in paramedical sciences
- Develop and apply innovative and appropriate teaching techniques and material which create interest, understanding and enthusiasm amongst students

Clinical Instructor Great Lakes University of Kisumu, July 2014 to March 2020

Roles

- Training and examining students on Nursing and Pharmaceutical subjects.
- Preparing and guiding students on laboratory examinations/practicums.
- Conducting hospital training and ward-to-ward practicum training.
- Preparing and coordinating practical and field examinations.

Nursing/Pharmacy Clinical Instructor, Nyabondo Medical Training College, August 2013 to Present

Roles

- Training and examining students on Nursing and Pharmaceutical subjects.
- Preparing and guiding students on laboratory examinations/practicums.
- Conducting hospital training and ward-to-ward practicum training.
- Preparing and coordinating practical and field examinations.

ICCM Coordinator, Rachuonyo North Sub County, November 2013-May 2014

Roles

- Coordinated health awareness and training with community health workers.
- Maintained good communication and relationship with community members.
- Evaluated child health care delivery by Community health workers.
- Maintained proper record management and prepared reports for review.
- Provided technical support and relevant recommendations for action.

Nursing Officer in Charge, Nyabondo Mission Hospital, (August-December) 2012

Roles

- Administered medications and managed intravenous illness.
- Observed and monitored patients' conditions.
- Maintained proper health records and communicated with line staff.
- Provided emotional and psychological support to patients.
- Educating the public and patients on matters of health.

Nursing Intern, New Nyanza Provincial Hospital, April 2011-March 2012

Roles

- Conducted ward rounds and provided patients with prescribed medication.
- Attended to maternal and pediatric patient admission.
- Prepared theatre rooms for operations and addressed emergency cases.
- Filed patient documentation and maintained high standard of quality service delivery.

- Provided technical support to Clinical and Medical Officer in charge.

Significant/Clinical Work Experiences

- Nurse in Charge of Maternal, St. Bridget Mother and Child Health Centre, (January-February) 2011.
- Research Assistant, Africa Mental Health Foundation, (November-December) 2010.
- Student Intern, Kenyatta National Hospital, Maathari Mental Hospital and Pumwani Maternity.

Achievements

- Improved health awareness, preventative and maternal care levels and quality of service delivery in Kisumu and Nairobi Counties leading to reduced mortality rates.
- Eased access to healthcare services and child healthcare provision contributing to reduction in repetitive curative care access.

List of publications

- Kavinguha, L.K. (2020). **Diabetes Self-Management Knowledge among Type 2 Diabetes Patients at Jaramogi Oginga Odinga Teaching and Referral Hospital, Kisumu County, Kenya.** *IOSR Journal of Nursing and Health Science (IOSR-JNHS) e-ISSN: 2320-1959, p- ISSN: 2320-1940 Volume 9, Issue 6 Ser. II (Nov. – Dec. 2020), PP 07-14*
- Kavinguha, L.K. (2020). Determinants of foot related complications among diabetic patients at Jaramogi Oginga Odinga Teaching and Referral Hospital. *IJAR International Journal of Advanced Research IJAR-34192*

MEMBERSHIPS, LEADERSHIP ROLES, AWARDS AND ACTIVITIES

- Member of Nursing Council of Kenya, 2013 to date
- Class Representative, School of Nursing, 2008.
- Head Girl, Kaimosi Girls High School, 2003-2004.
- House Prefect, Kaimosi Girls High School, 2002-2003.
- Head Girl, Ainsworth Primary School, 1999-2000.

INTERESTS AND REFERENCES

Interests

- Travelling, supporting communities, networking, reading medical and inspirational literature and swimming.

References

1. Dr. Pamela OcholaAdhiambo
Dean, School of Nursing and Midwifery
Great Lakes University of Kisumu
P. O. Box 2224-40100, Kisumu.

2. Mr. Alfred Juma
Principal,
St. Joseph Medical Training College, Nyabondo
P. O Box 341, Sondu