

## CURRICULUMVITAE

**Name** Fridah Muthoni Njeru  
**Date of Birth** 4<sup>th</sup> Sept 1971  
**Nationality** Kenyan  
**Work Institution** Masinde Muliro University of Science and Technology-  
Department of Criminology and Social work  
**Address** P.O Box 190 50100 Kakamega  
**Email** [mnjeru@mmust.ac.ke](mailto:mnjeru@mmust.ac.ke) / [frinjeru@yahoo.com](mailto:frinjeru@yahoo.com)  
**Career Rank** Lecturer

### **Career Summary**

A sociologist/ social worker with over 15 years teaching at the university and research focus on gender and family issues, adolescent studies, peace and conflict studies and mental health.

### **Career Objective**

To be an established scholar, researcher and writer in the field of Social Sciences and contribute to change in Kenya and Beyond

### **Career Endeavour**

To provide the best of my expertise to Masinde Muliro University of Science and Technology (MMUST) during my time of service and to bring change within communities in Kenya and the World through research, innovation and community service.

### **Education and Qualifications**

Date: 2022

Doctor of Philosophy (PHD) in Peace and Conflict Studies

Thesis topic: Influence of election violence on gender integration in Kibera informal settlement in Nairobi City County, Kenya. 2022

Date: 2004

Master of Arts Degree in Sociology from the University of Nairobi

Thesis Topic Child Labour and Its Impact on School Performance: A Study of Kyeni Division, Embu District. 2004

Date: 1997

Bachelor of Arts Degree in Social Work from the University of Nairobi, Second Class Honours, Upper Class Division.

Date: 1991

Kenya Certificate of Secondary education (KCSE), Alliance Girls High School, Mean grade C+

Date: 1987

Kenya Certificate of primary Education (KCSE), Sacred Heart Kyeni, Embu, 487 marks out of 600 marks

### **Publications in Refereed Journals**

Joel P. Ogutu., John Arudo., Peter Odera<sup>1</sup>., Doreen L. Sorel and **Fridah M. Njeru** (2022). COVID 19: Coping Strategies and Role Performance of Frontline Health Care Workers. *International Journal of Recent Research in Interdisciplinary Science*. ISSN 2350-10499 (1): 19-27 [www.paperpublications.org](http://www.paperpublications.org)

**Fridah M. Njeru**, Frank K. Matanga and Janet Kassilly (2021). Nature and Extent of Election Violence in Kibera Slum, Kenya. *Academy of Social Science Journals*. ASSJ 07 (10): 1954–1973 DOI: <https://doi.org/10.15520/assj.v7i10.2698>. OPEN ACCESS ISSN (O) 2456-2394

**Fridah M. Njeru**, Janet Kassilly and Frank K. Matanga (2021). Nature and Aspects of Gender Integration During Election Violence in Kibera Slum, Kenya. *International Journal of Social Sciences and Humanities Invention*. 8 (10): 6609-6622. DOI:10.18535/ijsshi/v8i10.02. ISSN: <https://valleyinternational.net/index.php/theijsshi>

Peter Odera, **Fridah M. Njeru**, John Arudo, Joel P. Ogutu, and Doreen L. Sore (2021). Psychosocial factors as Antecedent to Role Performance among Frontline Healthcare Workers during COVID-19 Pandemic. *American Journal of Psychology*. ISSN 2520-0461 (online). 3 (2): 20-29. [www.ajpojournals.org](http://www.ajpojournals.org)

Joel, P. Ogutu, **Fridah M. Njeru**, John Arudo, Peter Odera and Doreen L. Sore (2021). Emotional Dissonance and psychological Burn out on Role Performance among COVID 19 Frontline Healthcare Workers. *International Journal of Health and Psychology Research*. 9 (2) pp41-54 <https://doi.org/10.37745/ijhpr.13>

Achoka, Judith, Sarah and **Njeru, Fridah, Muthoni** (2012). De-Stigmatizing Teenage Motherhood: Towards Achievement of Universal Basic Education in Kenya. *Journal of Emerging Trends in Educational Research and Policy Studies (JETERAPS)* 3(6): 887-892. (ISSN: 2141-6990). <https://healtheducationresources.unesco.org/documents>

Achoka, J.S.K & **Fridah M. Njeru** (2009). Causes and Effects of the Disaster witnessed in Kenya, 2007/2008. *International Journal of Disaster and management and Risk Reduction*. Vol.2 No.1 (ISSN: 1992-2744) pp 89-95.

### **Theses**

Lilyfridah M. Njeru, 2022: *Influence of Election Violence on gender integration in Kibera Informal settlement in Nairobi City County Kenya, Kenya*. PHD Thesis, MMUST

Lilyfridah M. Njeru, 2004: *Child Labour and Its Impact on School Performance: A Study of Kyeni Division, Embu District*. MA Thesis, University of Nairobi

## **Manuscripts Ready for Submission/Publication**

**Fridah M. Njeru.,** Omukhunda, E., Ooko,S., Okoth W.A., Kariaga M.G.,....., Dipondo,J and Samoey U (2022).An assessment of the Distribution, Availability, Accessibility and Uptake of ASRH Services during COVID 19 Pandemic in Lurambi Sub-County, Kakamega County, Kenya.

Ooko,S., **Fridah M. Njeru.,** Omukhunda, E., Okoth W.A., Kariaga M.G.,....., Dipondo,J and Samoey U (2022).The Socio-economic and cultural perspective on adolescent sexual and reproductive health (ASRH) Behavior amidst the Covid-19 pandemic: A Study of school going adolescents in Lurambi Sub County, Kakamega county, Kenya.

**Fridah M. Njeru,** Janet Kassilly and Frank K. Matanga (2022). **BeFridah M. Njeru,** Frank K. Matanga and Janet Kassilly(2021). Strategies for mitigating election Violence to enhance gender Integration: A Study of Kibera Informal Settlement of Nairobi City County, Kenya.

**Fridah M. Njeru,** Frank K. Matanga and Janet Kassilly(2022). Challenges that Election Violence Pose on Gender Integration in Kibera Informal Settlement in Nairobi City County, Kenya.

## **Grants Awarded**

### **2021-22 Year**

Kakamega and Cambridge Partnership-Working to strengthen Antimicrobial Stewardship at Kakamega County general Teaching and Referral hospital: A collaboration between Cambridge University Hospital, Masinde Muliro University of Science and Technology (MMUST) and Kakamega County General Teaching and Referral Hospital project

### **2020/21 Year**

University Research Fund (URF)for the research: Psychosocial Support Base, Emotional Dissonance and Psychological Burn out on Role Performance of Covid-19 Frontline Healthcare Workers in Busia County as one of the investigators

University Research Fund (URF) for the research:University- Community Led Response To Adolescents Sexual And Reproductive Health Crisis In The Wake Of Covid- 19 Pandemic as one of the investigators

## **Post graduate Supervision**

Social determinants Influencing Community Policing in Lurambi Sub-County, Kakamega County, Kenya by Mosis Solomon Reg No. CCJ/G/01-56837/2017: Submitted Thesis to Directorate of Post Graduate Studies

Effects of the Family Structure on Juvenile Delinquency: A study of Lurambi Sub County, Kakamega County, Kenya by Lusweti Philip Reg, No. CCJ/LG/14-56812/17: defended proposal at school level

Victimological Assessment of the Effects of Farm Crimes on Livelihoods in Awendo Subcounty, Kisumu County, Kenya by Odhiambo Phelix Omondi, Reg No. CCJ/G/01-57150/2017: Proposal stage

Influence of Single Parenting on Teenage pregnancy: A study of Ikolomani SubCounty, Kakamega County, Kenya by Khaemba Valentine Reg.No. MSW/G/01-53962/19: Proposal Stage

Witness Intimidation and Its Effects on the Prosecution of Domestic Violence Cases in Kapsabet Sub County, Nandi County, Kenya by Kasili Cyprian Walunywa Reg. No.CCJ/G/14-55564/17: Proposal Stage

Social Media and its Influence on Social Development among the Youths in Mumia West Sub County, Kakamega County, Kenya by Kangu Jackline Amokobe Reg.No. MSW/G?01-55334/20: Proposal Stage

The Effects of Parenting in prison on female Offender Rehabilitation: A Study of Langata Maximum Prison, Nairobi City County by Nzomo Timothy CCJ/G/01-53763/19: Proposal Stage

Influence of Early Exposure to sexual Activities on Social Behavior Among Teenage Girls: A Study of Kibabii Sub Location, Bungoma County by Lumumba John Simiyu Reg. No. MSW/G/01-7009/20: Proposal Stage

### **Teaching Experience**

17 years teaching experience at university, 2 years as a Part time lecturer and 15 years as a Full time Lecturer teaching the following Courses:

#### **PHD in Social Work Courses**

1. DSW 901: History and Philosophy of Social Work
2. DSW 904: Social Work Practice in Modern Societies

#### **Masters in Social Work**

1. SSW810: Advanced Correctional Social Work
2. SSW803: Advanced Social Work Methods
3. SSW802: Advanced Social Work Theory and Practice

#### **Bachelor of Arts in Social Work**

1. SSW410: Rural and urban development
2. SSW311: Adolescence and Youth Studies
3. SSW307: Contemporary Sociological Theory
4. SSW303: Gender Issues and Development
5. SSW209: Human Growth and development

6. SSW208: Social Work Theory
7. SSW202: Family and Child Studies
8. SSW102: Introduction to Sociology

### **Community Engagements**

Member of African Women in Science and Engineering (AWSE) community outreach programme which has been involved in guidance and counselling and distribution of Sanitary towels to adolescent girls in Lurambi Subcounty particularly during the COVID 19 pandemic.

Patron to MMUST Social Workers Association and involved in a number of community outreach namely; women prisoners' visitations at Kakamega Women Prison, Kakamega Rehabilitation school and Shukhusa Borstal Institution

### **Seminar Papers presented in Workshops**

Facilitated in a workshop on Cambridge Global Health Partnerships on Cambridge University Hospitals (CUH), Kakamega County General Teaching and Referral Hospital (KCGTRH) and Masinde Muliro University of Science and Technology (MMUST) on Anti Microbials Resistance (AMR) and Anti-Microbial Surveillance (AMS) held on 4-6 and 10-12 May 2020 at Kakamega County General Teaching and Referral Hospital (KCGTRH)

Facilitated in workshop on Dissemination of findings on the study: University- Community led Response to Adolescent Sexual and Reproductive Health Crises in the Wake of COVID 19 held in MCU on 3<sup>rd</sup> of February 2022.

Presented a paper entitled Psychosocial Support Base, Emotional Dissonance and Psychological Burnout on Role Performance of COVID 19 Frontline Healthcare Workers in Busia County Kenya during the MMUST Blended COVID 19 Research Dissemination Conference held on 29<sup>th</sup> to 30<sup>th</sup> August ,2021.

Presented a paper entitled Adolescent sexual and Reproductive Health Crises in the Wake of COVID 19 Pandemic:Lessons Learned from Lurambi Subcounty, Kakamega County, Kenya during the MMUST Blended COVID 19 Research Dissemination Conference held on 29<sup>th</sup> to 30<sup>th</sup> August ,2021.

Presented a paper entitled Emotional Dissonance and Psychological Burnout on Role Performance of COVID 19 Frontline Healthcare Workers in Busia County Kenya in MMUST, June 2021.

Presented a Paper entitled.De-Stigmatizing Teenage Motherhood: Towards Achievement of Universal Basic Education in Kenya in MMUST Conference ,2012

### **Trainings, Conferences, Seminars and Workshops Attended**

Date 2022

Cambridge Global Health Partnerships on Cambridge University Hospitals (CUH), Kakamega County General Teaching and Referral Hospital (KCGTRH) and Masinde Muliro University of

Science and Technology (MMUST) on Antimicrobial Resistance (AMR) and Antimicrobial Surveillance (AMS) held on 4-6 and 10-12 May 2022

Cambridge Global Health Partnerships on Cambridge University Hospitals (CUH), Kakamega County General Teaching and Referral Hospital (KCGTRH) and Masinde Muliro University of Science and Technology (MMUST) on Antimicrobial Resistance and Antimicrobial Stewardship (AMS) held on 10<sup>th</sup> March 2022

University- Community led Response to Adolescent Sexual and Reproductive Health Crises in the Wake of COVID 19 held in MCU on 3<sup>rd</sup> of February 2022.

Date: 2021

Workshop on MMUST Blended COVID 19 Research Dissemination Conference held on 29<sup>th</sup> to 30<sup>th</sup> August ,2021

Workshop on the 18<sup>th</sup> International Conference of Women Engineers and Scientists on Global Humanitarian Challenges

Workshop on the 14<sup>th</sup> Multi-disciplinary Virtual Conference held on 19<sup>th</sup> may 2021

Date: 2020

Workshop on writing research proposals development for funding, September 2020 under the African Women Scientists and Engineers.

Date: 2019

Curriculum review and development of new programmes in the department of Criminology and Social Work held in June 2019

Date: 2018

Transition, Change and Impact Awareness Training for Implementors workshop based on OSO 9001-2015 held in MMUST on 22<sup>nd</sup> August 2018.

Date: 2017

African Women in Science and Engineering and International Network of Women in Engineering and Science Western Region Seminar and Launch Workshop held on 27<sup>th</sup> July

Gender and Disability Workshop themed Embracing Gender and Disability Equality and Zero Tolerance to Discrimination, held in MMUST on 6<sup>th</sup> July

Date: 2014

Curriculum review as per Commission of University Education (CUE) held in MMUST on 23<sup>rd</sup> - 24<sup>th</sup> January

Part of the nominated team for drafting minimum standards for psychology/community studies, development studies and social work at the commission for University of Education held on 13<sup>th</sup> February

Date: 2012

Inaugural Africa University Scholars leadership Symposium held in MMUST on 16<sup>th</sup>- 17<sup>th</sup> July

4<sup>th</sup> Annual International Conference: Action Research in Higher Education and Development in Africa in MMUST on 28<sup>th</sup> -30<sup>th</sup> June 2012) and presented a paper

Disaster Risk Reduction Stakeholders Workshop in March and organized by CDMHA in MMUST

Date: 2010

Capacity building workshop on Higher Education at MMUST on 11<sup>th</sup> -22<sup>nd</sup> January

Date: 2009

Attended Symposium on Academic Linkages held on 15<sup>th</sup> January in MMUST

Date: 2008

Symposium on Staff training on Pedagogy 20<sup>th</sup>- 27<sup>th</sup> September

Seminar on Challenges and opportunities in higher Education held on 15<sup>th</sup> -20<sup>th</sup> Aug

Gender Sensitization Workshop for teaching Staff held on 4<sup>th</sup> -8<sup>th</sup> April

### **Research Experience**

Date 2021-22

Investigator in the Research

Cambridge University Hospitals (CUH), Kakamega County General Teaching and Referral Hospital (KCGTRH) and Masinde Muliro University of Science and Technology (MMUST) on Anti Microbials Resistance: A study of KCGTRH Surgical Ward, Kakamega County, Kenya (ongoing)

Date: 2020/21

Investigator in the Researches

Psychosocial Support Base, Emotional Dissonance and Psychological Burnout on Role Performance of COVID 19 Frontline Healthcare Workers in Busia County Kenya  
Adolescent sexual and Reproductive Health Crises in the Wake of COVID 19 Pandemic in Lurambi Subcounty, Kakamega County, Kenya.

University- Community led Response to Adolescent Sexual and Reproductive Health Crises in the Wake of COVID 19: A study of Lurambi Subcounty, Kakamega County, Kenya

Date: April-June 2019

Undertook my PHD Field Research Work in Kibera informal settlement in Nairobi City County, Kenya

Date: 2008-2010

Part of the research team on the study “Impact of conflict and violence on basic education in Mount Elgon region, Kenya”  
MMUST/SNV research project

Date: April 2006- August 2007

Part of the research team on the Study “Examination of Adolescent Reproductive Health Policies Vis a Vis Adolescent Reproductive Health Services in Kenya”  
Society for Women and Aids in Kenya (SWAK) research project

Date: January - April 2006

Part of the research team on the Study “Impact of Decentralized funds disbursed by the NARC government”  
Kenya Institute for Public Policy Research and Analysis (KIPPRA) research project

Date: January- April 2005

Part of the research team on the Study “An analysis of the Essential Health Package in Kenya  
An Institute of Policy Analysis and the Ministry of health research project “.

Date: October-November 2004

Part of the research team on the Study “Assessment HIV and Aids Peer Counseling in primary Schools in Kenya”. Population Council research project

Date: September-November 2003:

Part of the research team on the Study “An Assessment Study of Voluntary blood donation and HIV and AIDS testing”. Family Health International (FHI) research project

Date: September to December 2002:

Part of the research team on the Study “HIV and Aids in relation to Land Control, Access and Use”.

University of Nairobi (UON) and Futures Group (Kenya) research project

Date: September –December 2002

Part of the research team on the Study “The role of women in Conflict Resolution with reference to 1997/1998 land clashes in Rift Valley province of Kenya”.

Women and Law in East Africa (WLEA) research project

### **Membership**

Member of African Women in Science and Engineering (AWSE), Western Chapter affiliated to the International Network of Women Engineers and Scientists (INWES)



## **Referees**

Dr. Evans Oruta

Lecturer, Masinde Muliro University of Science and Technology

Chair, Department of Criminology and Social Work, School of Arts and Social Science (SASS),

P.O Box 190-50100

Email: [eoruta@mmust.ac.ke](mailto:eoruta@mmust.ac.ke)

Prof. Frank Matanga

Professor, Masinde Muliro University of Science and Technology

Department of peace and Conflict Studies, School of Disaster Management and Humanitarian Assistance (SDMHA)

P.O Box 190-50100

Email: [fmatanga@mmust.ac.ke](mailto:fmatanga@mmust.ac.ke)

Dr. Veronica Kiluva

Senior lecturer, Masinde Muliro University of Science and Technology

Department of Disaster Preparedness and Engineering Management, School of Disaster Management and Humanitarian Assistance

P.O Box 190-50100

Email: [vkiluva@mmust.ac.ke](mailto:vkiluva@mmust.ac.ke)